

REQUISITES FOR RECEPTION OF FIRST HOLY COMMUNION

A guideline for those receiving catechesis outside of our parish program

(Based on the Official Curriculum for Religious Education for the Diocese of Raleigh)

- After the first year of catechesis the children should know the following prayers:
 - Sign of the Cross
 - Our Father
 - Hail Mary
 - Glory Be
 - Grace Before Meals
 - Simple Morning Offering
 - Prayer to Guardian Angel
 - Simple aspirations
 - Jesus, I love you
 - Help me Lord
 - Jesus, Mary and Joseph
 - Knowledge of the Rosary
 - What is a mystery
 - Mary helps us to pray
- They should be able to briefly describe the sacraments of:
 - Baptism
 - The signs
 - Water
 - Words
 - The effects
 - Washed of original sin
 - Adopted Sons/daughters in Christ
 - Entrance in to the Church
 - Penance
 - The rite
 - How to examine conscience
 - Recite the Act of Contrition
 - Eucharist
 - Identify the Liturgy of the Word/Eucharist
 - Origins in the Last Supper
 - As the body and blood of Jesus
 - Recite Basic Prayers:
 - Basic Priest/Congregant responses (The Lord be with you...)
 - Kyrie (Lord Have Mercy...)
 - Sanctus (Holy, Holy, Holy)
 - Angus Dei (Lamb of God)
 - Prayer before communion (Lord I am not worthy...)

- Children should also be able to:
 - Identify the persons of the Holy Trinity
 - Identify the Bible as God's Word
 - Explain the difference between the Old and New Testaments
 - Identify key moments in the life of Jesus
 - His birth
 - Miracle Stories
 - Events of Holy Week
 - Palm Sunday
 - Holy Thursday
 - Good Friday
 - Easter Sunday
 - Identify Mary as Jesus' mother and our mother
 - Explain who the saints are
 - Explain who the Apostles are
 - Explain who the Angels are
 - Recognize the seasons of Advent, Christmas, Lent, Easter
 - Recognize the Church as
 - established by Jesus
 - Jesus' way of being with us
 - The protector of Truth
 - Explain what a priest, bishop and pope is.
- Morality
 - Know of the 10 commandments
 - Understand that they are given to us by God
 - Understand we are to do good and avoid evil
 - Difference between sin, temptation and accident
 - Understand that God wants us to do good
 - Understand that God helps us to be good
 - Know of the existence of heaven and hell
 - Know that God forgives our sins