

**St. Ann Catholic Church Clayton, NC  
Food Pantry Volunteer Opportunities**

The opportunities to volunteer at St. Ann's Food Pantry are almost endless! Listed here are the various opportunities by day of the week.

<u>Day of Week</u>	<u>Time</u>	<u>Volunteer Opportunity</u>	<u>Needs/Requirements</u>
Mon	1 or 2 PM	pick-up meat at SMeats in Clayton	truck to deliver meat to church Gloves Heavy lifting!
Mon Tuesday	after 11 am 10/11 AM	CVS 42/Flowers pick-up pick-up from Town Market Deliver to pantry, stock shelves	boxes/bags/room in vehicle storage, lifting fun attitude!
W,Th & Fr	8:45 am	pick-up produce & bakery items From Food Lion on Hwy 70, Clayton	boxes and room in vehicle
Th & Fri	8:45 am	pick-up produce & bakery items Pritchard Road Food Lion, Clayton	boxes and room in vehicle
Thursday	am	sort produce	positive attitude
Thursday	1 PM	pack 50 bags for Friday	some lifting
Thursday	varies	Food Bank shopping	truck, lifting
Thursday	varies	unload Food Bank items into pantry	lifting
Thursday	2 PM	take cardboard to recycling center	truck or large vehicle Lifting
Friday	8:45 am	pick-up produce & bakery items Cleveland Rd, Clayton (1010)	boxes and room in vehicle
Friday	8 – 9:30 am	unload cars/set up for pantry	some lifting
Friday	9:30 to noon	work food pantry table	smile and good attitude, data entry on computer
Friday	9:30 to noon	hand out produce or bread	smile and good attitude Some bending
Friday	9:30 to noon	work pantry/pack more bags	standing, bending, lifting
Friday	9:45 to noon	carry bags to client vehicles	lifting, walking
Friday	11:30 am	take cardboard to recycling center	truck or large vehicle

**Sun**

**after 9 Mass**

**stock donations on pantry shelves**

**some lifting/flexibility**